

Please complete all sections of this form. You may submit your form online by clicking on the Upload Forms button on the Medicare Plans, Non-Medicare Plans or Dental Plans pages of the SDCERA Retiree Health Insurance Program website. You may also mail or fax your forms to the SDCERA Health Plans Service Center.

SECTION 1: Member Information

First Name:	MI:	Last Name:
Permanent Residence Address:		
City:	State:	ZIP:
Daytime Telephone:	Email Address:	
Date of Birth:	S.S.#	Desired Effective Date of Coverage:

SECTION 2: Plan Selection(s)

Medical Plans			
Kaiser Permanente	<input type="checkbox"/> HMO Non-Medicare	<input type="checkbox"/> Senior Advantage	
UnitedHealthcare	<input type="checkbox"/> Signature Value HMO	<input type="checkbox"/> Group Medicare Advantage	<input type="checkbox"/> Senior Supplement
Health Net	<input type="checkbox"/> HMO Non-Medicare	<input type="checkbox"/> HMO Medicare	<input type="checkbox"/> Seniority Plus
Dental Plans			
CIGNA Dental	<input type="checkbox"/> DHMO		
Delta Dental	<input type="checkbox"/> Preferred PPO		

SECTION 3: Choose the coverage for yourself and eligible dependents

Persons to be enrolled Member Member and Spouse /Partner Member and Child Family

SECTION 4: Choose the coverage for yourself and eligible dependents

Please Note: If you or your dependents are Medicare-eligible, you must provide the SDCERA Health Plans Service Center with a copy of both sides of each of your signed Medicare cards showing Part A and B coverage. To enroll your eligible spouse or domestic partner, you must provide a copy of the marriage certificate or Certificate of Registration of Domestic Partnership from the California Secretary of State. To enroll eligible dependent children, you must provide a copy of the birth certificate or proof of adoption for each child. If you have additional enrollees, please list their information on a separate sheet and attach to your completed enrollment form.

Name	Relationship	Birth date	S.S.#	Medicare # (if applicable)

SECTION 5: Signature & Authorization

I elect the coverage as indicated above and certify that the information I have provided is true and accurate to the best of my knowledge. I also certify that I have read and understand the provisions of the medical plans, as detailed in the SDCERA Health Insurance Plans booklet and I agree to the terms and conditions stated therein. I agree to have my monthly retirement payment from SDCERA reduced by the required amount to pay my share (including covered dependent premiums) of the cost for the medical and/or dental plans(s) I have selected. I understand that I cannot change my coverage options until the next Open Enrollment period, but I can cancel my coverage at any time in writing or by calling the SDCERA Health Plans Service Center. Lastly, I also understand the SDCERA Board of Retirement reserves the right to modify or terminate the health insurance plans for my insurance coverage at any time.

(Date)	(Member Signature)	