

Be Secure

Protect Against Identity Theft

Is your personal, financial and medical information safe? Whether taken from paper, online, computer or mobile devices, identity thieves can use it to drain your bank account, run up credit card charges, open new utility accounts and more. They can even use it to get medications or treatments using your health insurance! **These tips will help you protect yourself.**

Don't Make it Easy

- **Never carry your social security card**
- **Don't reveal personal or health insurance account numbers** online or by phone unless you initiate the contact and know exactly who you are dealing with
- **Shred all pre-approved credit offers**, account statements, financial documents, health insurance forms, prescription and physician statements before disposing
- **Choose passwords that are hard to guess**

Watch for Red Flags

- **Collection notices or unfamiliar accounts on your credit reports.** To order free credit reports from the three national reporting companies, go to: www.consumerfinance.gov
- **Unexplained bank account withdrawals**, charges on credit card statements, or services on medical plan Explanation of Benefits
- **Merchants refusing checks**; debt collectors calling about debt that is not yours
- **Denial of a medical claim** because your health plan says you've reached your benefits limit

Health Advocate is not affiliated with any insurance or third party provider. Health Advocate complies with all government privacy standards. Health Advocate does not replace health insurance coverage, provide medical care or recommend treatment.

Are You A Victim? Act Quickly!


If your personal information has been stolen, take these initial steps:

- ✓ **Place a Fraud Alert** on your credit file at one of the national credit reporting companies
- ✓ **Contact the police** to file an Identity Theft Affidavit and create an Identity Theft Report
- ✓ **Notify any affected creditors**, institutions or agencies like your credit card company, bank, the department of motor vehicles, and/or the Social Security Administration.

Go to The Federal Trade Commission website for complete details

www.consumer.ftc.gov

We Can Help

 **1-877-325-7265**
Option 2