Healthcare is complex;

we are here to help make it easier!

Health Advocate provides confidential support to help you make sense of healthcare and take control of your health.

Connect with us over the phone, online or through our mobile app for:

Help with Medical Care

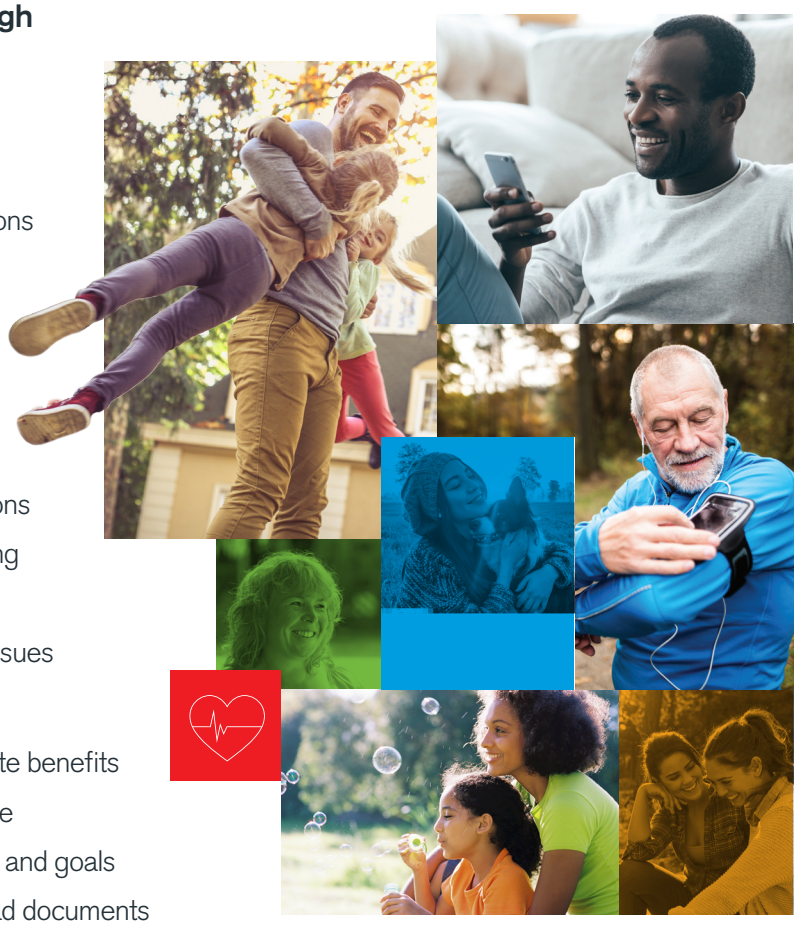
- ✓ **Learn more about your diagnosis** and treatment
- ✓ **Get answers to your questions** about medical conditions
- ✓ **Find out the latest research** and most advanced approaches to care
- ✓ **Connect with the right in-network doctors** and specialists, obtain second opinions

Help with Administrative Issues

- ✓ **Get answers** to benefits, eligibility and coverage questions
- ✓ **Navigate through copays**, coinsurance and cost-sharing
- ✓ **Get assistance** transferring medical records
- ✓ **Untangle medical bills** and resolve claims and billing issues

Help On the Go

- ✓ **Download our app** to access all of your Health Advocate benefits
- ✓ **Get informed** with health and wellness articles and more
- ✓ **View personalized advice** based on your health needs and goals
- ✓ **Check the status** of your Health Advocate cases, upload documents
- ✓ **View your case history** to access the information you need



Health Advocate is available at no cost to employees, spouses, dependents, parents and parents-in-law. Completely confidential.

Turn to us—we can help.

877.325.7265
Email: answers@HealthAdvocate.com
Web: HealthAdvocate.com/deltatrust

Download the app today!

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