



MetLife

www.metlife.com/mybenefits

Learn More about Your MetLife Benefits

MetLife benefits information right from your desktop

The MyBenefits web site is a quick and easy way for you to get the information you need about your MetLife benefits – all in one place. Log in at www.metlife.com/mybenefits to see how we've taken personalization and integration to a new level.

Personalized homepage to all your MetLife benefits

MetLife Tom Smith, Acme Corporation
Update your profile
Tuesday, July 14, 2015

Your Dental Benefits
Network: PDP

Alerts
Action Required: There is an action required from you to complete a claim. Please review the notes section of the EOB for details.

Recent Claims

Date of service	Family Member	Dentist	Total Charges	Patient Resp.	Status	View
11/16/2014	Tom Smith	Dr. Frank Jones	\$110.00	\$110.00	Processed	Claim Detail
02/20/2014	Patricia Smith	Dr. Frank Jones	\$157.00	\$31.00	Processed	EOB (PDF) Claim Detail
10/14/2014	Mike Smith	Dr. Frank Jones	\$225.00		Info Needed	Claim Detail
03/04/2014	Kate Smith	Dr. Frank Jones	\$110.00	\$110.00	Processed	Claim Detail

Get more information on your MetLife benefits, where you can link to detailed coverage information.

Dental Plans – Easily find a participating dentist or view your benefits, copay or coinsurance amount, and claims* online. Plus, you will have access to our extensive Oral Health Library to research important dental topics.

Dental ID cards are available online for you to download and print at your convenience. Cards contain your name, group's name and group number. Also included are MetLife's claims submission address,* website address, customer service telephone number and a service number for International Dental Travel Assistance*.

Additional MyBenefits features include:

- Planning tools that you can use to help you make informed decisions regarding your retirement, benefits coverage as well as other useful information for a variety of everyday topics.
- Forms and documents that you may need are located in the "Tools & Resources" area at the bottom of the MyBenefits home page for you to download.
- In the "News & Updates" section you'll find information from MetLife and your group such as enrollment dates and new product offerings.
- Online claims tracking and email notifications called eAlerts, which will provide information regarding status changes to your claims for certain benefits.*

*This feature is not available for members with a MetLife Dental HMO/Managed care plan. Like most group benefit programs, benefit programs offered by MetLife contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Ask your MetLife group representative for complete details.

Before using the MetLife Dental Mobile App, you must register at www.metlife.com/mybenefits from a computer. Registration cannot be done from your mobile device. Certain features of the MetLife Mobile App are not available for all MetLife Dental Plans.