

Get the facts about Accident insurance.

Accident Insurance is coverage that can help with unexpected expenses, such as those that may not be covered under your medical plan¹.



Recent studies have shown...

\$2,200

The average cost of a visit to the emergency room in the U.S.²



With group employee rates, you can get Accident High Plan coverage for less than the monthly cost of...

A daily coffee fix, medium cup³

Consider this:

*Kelly's son Jacob plays soccer. Some time ago, Jacob collided with another player, was knocked unconscious and was taken to the emergency room by ambulance. The emergency room doctor ordered a CT scan and diagnosed a concussion and broken tooth. Jacob was released to a primary care physician for follow-up treatment, and a dentist repaired her tooth with a crown. Luckily, Kelly had **Accident Insurance!** They got a lump-sum payment totaling \$1,850.**



Ambulance:
\$300



Emergency room visit:
\$100



Follow-up with physician:
(\$75 x 2): \$150



Medical testing:
\$600



Dental procedure:
\$200



Concussion benefit:
\$500

Total lump-sum payment: \$1,850*

Benefits paid by MetLife Accident Insurance Plan

* This is a hypothetical example for informational purposes only. Benefit amount is based on a sample MetLife plan design. Actual plan design and plan benefits may vary.

Accidents can lead to trips to the emergency room and the doctor's office, which could result in bills and expenses not covered by your medical and disability insurance.

What you need to know about MetLife's Accident Insurance coverage:

What you need to know about MetLife's Accident Insurance coverage:

- Over 150 covered events and services¹, such as fractures,⁴ dislocations⁴ and medical treatments or tests.
- You and your eligible family members are guaranteed coverage.⁵ No medical exam required.
- Lump-sum payment that can help pay for unexpected costs that result from an accident.
- Premiums will be automatically deducted from your paycheck.

Enroll at www.UNFIvoluntarybenefits.com or contact your HR representative to [learn more](#).

Questions? Call MetLife Customer Service.
1-800-GET-MET8 (1-800-438-6388)

1. Covered services/treatments must be the result of an accident or sickness as defined in the group policy/certificate. See your Disclosure Statement or Outline of Coverage/Disclosure Document for more details.
2. Emergency Room Visit Cost Without Insurance in 2022. April 17, 2022. <https://www.talktomira.com/post/how-much-does-an-er-visit-cost>.
3. https://www.numbeo.com/cost-of-living/country_result.jsp?country=United+States. Updated June 2023. Accessed June, 2023.
4. Chip fractures are paid at 25% of Fracture Benefit and partial dislocations are paid at 25% of Dislocation Benefit.
5. Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents to be covered are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage. Additional restrictions apply to dependents serving in the armed forces or living overseas.

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. There are benefit reductions that begin at age 65, if applicable. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.