

# HealthAdvocate<sup>SM</sup>

## Now it's easier to navigate health care

### Introducing Health Advocate

Sometimes it's not easy to navigate the care your medical insurance provides. That's why Aflac now includes Health Advocate, the nation's leading health care advocacy and assistance company, as part of your Aflac group plan. Included at no extra cost, it gives you 24/7 access to personal health advocates who start helping you with your health care questions from the first call.

### Here's how it works:



**Available as soon as**  
your Aflac coverage begins.



**Health Advocate's personal health advocates**  
are by your side when you need them, giving you  
peace of mind.



**You can use Health Advocate for your spouse, dependent children, parents and parents-in-law, too! Call 855.423.8585 24/7 to get started.**

**Aflac<sup>®</sup>** | Value-Added Services

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Your Personal Health Advocate is here to help:



**Find doctors**, dentists, specialists, hospitals and other providers.



**Schedule appointments** with providers, including specialists, treatments and tests.



**Resolve issues**, from claims problems and medical bills to coordinating benefits.



**Get help with eldercare issues**, including Medicare and related health care issues for your parents and parents-in-law.



**Get answers** about your test results, treatments, prescriptions and more.



**Your Advocate works with** your insurance companies to get approvals and clarify coverage.



**Transfer medical records** easily with our assistance. We can also help transfer lab results and x-rays.



**Get help** making informed decisions, whether researching conditions and treatment options, or facilitating second opinions.

**Start using Health Advocate as soon as your Aflac group product coverage starts.**

**Call: 855-423-8585 24/7 to get started.**