

**Colorectal Cancer Screening** 

Recommended: For all members age 50 and over. Frequency schedule applies.

California Institute of Technology Proposed Effective Date: 01-01-2024 Aetna HMO – CA Only

# PLAN DESIGN & BENEFITS PROVIDED BY AETNA HEALTH INC. - FULL RISK

| PLAN FEATURES  | IN-NETWORK  |
|--|---|
| Benefit limitations - For any service or supply  | that is subject to a maximum visit, day, or dollar limitation on a per  |
| year basis, the benefit year begins on January   | 1st unless otherwise mandated. Refer to your plan documents for more  |
| information.   | ·   |
| Deductible   | None  |
| (per calendar year)  |   |
| ,  | None  |
| Out-of-Pocket Maximum  | \$1,500 Individual  |
| (per calendar year)  |   |
|  | \$3,000 Family  |
| In-Network expenses include coinsurance/copa   |   |
| Pharmacy expenses apply towards the Out-of-F   |   |
|  | ative Out-of-Pocket Maximum for all family members. The family Out-of-  |
|  | of family members; however no single individual within the family will  |
| be subject to more than the individual Out-of-Po   |   |
| Lifetime Maximum   | Unlimited   |
| Primary Care Physician Selection   | Required  |
| Referral Requirement   | Required  |
|  | for telemedicine consultations are available from a number of different   |
|  | ur secure Aetna website at https://www.aetna.com to review  |
|  | information about your options, including specific cost sharing   |
| amounts.   | 3   |
| PREVENTIVE CARE  | IN-NETWORK  |
| Routine Adult Physical Exams/  | Covered 100%  |
| Immunizations  |   |
| 1 exam every 12 months for members age 22 a  | and older.  |
| Includes coverage for travel immunizations and   | any other medically necessary immunizations.  |
| Routine Well Child Exams/Immunizations   | Covered 100%  |
| (Age and frequency schedules apply)  |   |
| Routine Gynecological Care Exams   | Covered 100%  |
| 1 exam per 12 months   |   |
| Includes Pap smear, HPV screening, and relate  | ed lab fees.  |
| Routine Mammograms   | Covered 100%  |
| Recommended: One baseline mammogram for  | females age 35 - 39; and one annual mammogram for females age 40  |
| and over.  |   |
| and over.  |   |
|  | Covered 100% deductible waived  |
| Women's Health<br>Includes: Screening for gestational diabetes, HI   | PV (Human- Papillomavirus) DNA testing, counseling for sexually   |
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| Women's Health Includes: Screening for gestational diabetes, Hi transmitted infections, counseling and screenin  | PV (Human- Papillomavirus) DNA testing, counseling for sexually g for human immunodeficiency virus, screening and counseling for  |
| Women's Health Includes: Screening for gestational diabetes, Hi transmitted infections, counseling and screenin interpersonal and domestic violence, breastfee   | PV (Human- Papillomavirus) DNA testing, counseling for sexually g for human immunodeficiency virus, screening and counseling for ding support, supplies and counseling.   |
| Women's Health Includes: Screening for gestational diabetes, HI transmitted infections, counseling and screenin- interpersonal and domestic violence, breastfeed Contraceptive methods, sterilization procedures   | PV (Human- Papillomavirus) DNA testing, counseling for sexually g for human immunodeficiency virus, screening and counseling for  |
| Women's Health Includes: Screening for gestational diabetes, HI transmitted infections, counseling and screenin- interpersonal and domestic violence, breastfeet Contraceptive methods, sterilization procedures Routine Digital Rectal Exams / Prostate | PV (Human- Papillomavirus) DNA testing, counseling for sexually g for human immunodeficiency virus, screening and counseling for ding support, supplies and counseling. s, patient education and counseling. Limitations may apply. |
| Women's Health Includes: Screening for gestational diabetes, Hi transmitted infections, counseling and screenin interpersonal and domestic violence, breastfee   | PV (Human- Papillomavirus) DNA testing, counseling for sexually g for human immunodeficiency virus, screening and counseling for ding support, supplies and counseling. s, patient education and counseling. Limitations may apply. |

Covered 100%





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| Routine Eye Exams                                 | Covered 100%   |
|---|--|
| 1 routine exam per 24 months.                     | 00V0100 10070  |
| Direct access to participating providers without  | a referral   |
| Routine Hearing Screening                         | Covered 100%   |
| PHYSICIAN SERVICES                                | IN-NETWORK   |
| Primary Care Physician Visits                     | \$10 office visit copay. After office hours/home \$15 copay          |
| Includes services of an internist, general physic |  |
| Specialist Office Visits                          | \$10 copay   |
| Pre-Natal Maternity                               | Covered 100%   |
| Walk-in Clinics                                   | \$10 copay   |
|   | cilities that (a) may be located in or with a pharmacy, drug store,  |
|   | e limited medical care and services on a scheduled or unscheduled    |
|   | he outpatient department of a hospital, ambulatory surgical centers, |
| and physician offices are not considered to be V  |  |
| Allergy Testing                                   | Your cost sharing amount depends on the type of service and where    |
| , morgy rooming                                   | you receive it.  |
| Allergy Injections                                | Your cost sharing amount depends on the type of service and where    |
| Anorgy injudions                                  | you receive it.  |
| DIAGNOSTIC PROCEDURES                             | IN-NETWORK   |
| Diagnostic Laboratory                             | Covered 100%   |
|   | and billed by the physician, expenses are covered subject to the     |
| applicable physician's office visit member cost s |  |
| Diagnostic X-ray                                  | \$10 copay   |
|   | and billed by the physician, expenses are covered subject to the     |
| applicable physician's office visit member cost s |  |
| Diagnostic X-ray for Complex Imaging              | \$100 copay  |
| Services  | 4100 oopay   |
|   | and billed by the physician, expenses are covered subject to the     |
| applicable physician's office visit member cost s |  |
| EMERGENCY MEDICAL CARE                            | IN-NETWORK   |
| Urgent Care Provider                              | \$35 copay   |
| Non-Urgent Use of Urgent Care Provider            | Not Covered  |
| Emergency Room                                    | \$100 copay  |
| Copay waived if admitted                          | ψ. σο σοραγ  |
| Non-Emergency Care in an Emergency                | Not Covered  |
| Room  |  |
| Emergency Use of Ambulance                        | \$100 copay  |
| Non-Emergency Use of Ambulance                    | Not Covered  |
| HOSPITAL CARE                                     | IN-NETWORK   |
| Inpatient Coverage                                | \$100 copay  |
| Your cost sharing applies to all covered benefits |  |
| Inpatient Maternity Coverage (includes            | \$10 for Physician Maternity Services; deductible waived \$100 copay |
| delivery and postpartum care)                     | for Facility Services  |
| Your cost sharing applies to all covered benefits |  |
| Outpatient Hospital                               | \$100 copay  |
| Your cost sharing applies to all covered benefits |  |
| MENTAL HEALTH SERVICES                            | IN-NETWORK   |
| Inpatient   | \$100 copay  |
| mpationt  | φτου συράγ   |
| Your cost sharing applies to all covered benefits | incurred during your innationt stay                                  |





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| Mental Health Office Visits  | \$10 copay  |
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| Your cost sharing applies to all covered bene  |   |
| SUBSTANCE ABUSE  | IN-NETWORK  |
| Inpatient Detoxification   | \$100 copay   |
| Your cost sharing applies to all covered bene  | efits incurred during your inpatient stay.  |
| Outpatient Detoxification  | \$10 copay  |
| Your cost sharing applies to all covered bene  | efits incurred during your outpatient visit.  |
| Inpatient Rehabilitation   | \$100 copay   |
| Your cost sharing applies to all covered bene  | efits incurred during your inpatient stay.  |
| Residential Treatment Facility   | \$100 copay   |
| Outpatient Rehabilitation  | \$10 copay  |
| Your cost sharing applies to all covered bene  | efits incurred during your outpatient visit.  |
| OTHER SERVICES   | IN-NETWORK  |
| Skilled Nursing Facility   | \$100 copay   |
| Limited to 100 days; per calendar year   |   |
| Your cost sharing applies to all covered bene  | efits incurred during your inpatient stay.  |
| Home Health Care   | Covered at 100%   |
| Hospice Care - Inpatient   | \$100 copay   |
| Your cost sharing applies to all covered bene  |   |
| Hospice Care - Outpatient  | Covered at 100%   |
| Your cost sharing applies to all covered bene  | efits incurred during your outpatient visit.  |
| Outpatient Rehabilitation Therapy  | \$10 per visit  |
|  | I per incident of illness or injury beginning with the first day of treatment   |
| Includes speech, physical, occupational ther   |   |
| Spinal Manipulation Therapy  | \$15 per visit  |
| Limited to 20 days; per calendar year  |   |
| Autism Behavioral Therapy  | Refer to MBH Outpatient Mental Health   |
|  |   |
| • •  |   |
| Covered same as any other Outpatient Ment  | tal Health benefit  |
| Covered same as any other Outpatient Ment  Autism Applied Behavior Analysis  | tal Health benefit  Refer to MBH Outpatient Mental Health Other Services  |
| Covered same as any other Outpatient Ment  Autism Applied Behavior Analysis  Covered same as any other Outpatient Ment   | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit   |
| Covered same as any other Outpatient Ment Autism Applied Behavior Analysis Covered same as any other Outpatient Ment Autism Physical Therapy   | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit \$10 per visit  |
| Covered same as any other Outpatient Ment Autism Applied Behavior Analysis Covered same as any other Outpatient Ment Autism Physical Therapy Visits combined with Short Term Rehabilitati  | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit \$10 per visit ion.   |
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| Covered same as any other Outpatient Mental Autism Applied Behavior Analysis Covered same as any other Outpatient Mental Autism Physical Therapy Visits combined with Short Term Rehabilitati Autism Occupational Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy   | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit \$10 per visit ion. \$10 per visit ion. \$10 per visit  |
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| Covered same as any other Outpatient Ment Autism Applied Behavior Analysis Covered same as any other Outpatient Ment Autism Physical Therapy Visits combined with Short Term Rehabilitati Autism Occupational Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Durable Medical Equipment Diabetic Supplies  Women's Contraceptive drugs and device   | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit \$10 per visit ion. \$10 per visit ion. \$10 per visit ion. 20% Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise PCP office visit cost sharing applies.  |
| Covered same as any other Outpatient Ment Autism Applied Behavior Analysis Covered same as any other Outpatient Ment Autism Physical Therapy Visits combined with Short Term Rehabilitati Autism Occupational Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Durable Medical Equipment Diabetic Supplies  Women's Contraceptive drugs and device not obtainable at a pharmacy  | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit \$10 per visit ion. Cow Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise PCP office visit cost sharing applies.  Covered at 100% |
| Covered same as any other Outpatient Mental Autism Applied Behavior Analysis Covered same as any other Outpatient Mental Autism Physical Therapy Visits combined with Short Term Rehabilitati Autism Occupational Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Durable Medical Equipment Diabetic Supplies  Women's Contraceptive drugs and device not obtainable at a pharmacy Affordable Care Act mandated Women's | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit \$10 per visit ion. \$10 per visit ion. \$10 per visit ion. 20% Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise PCP office visit cost sharing applies.  |
| Covered same as any other Outpatient Ment Autism Applied Behavior Analysis Covered same as any other Outpatient Ment Autism Physical Therapy Visits combined with Short Term Rehabilitati Autism Occupational Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Autism Speech Therapy Visits combined with Short Term Rehabilitati Durable Medical Equipment Diabetic Supplies  Women's Contraceptive drugs and device not obtainable at a pharmacy  | tal Health benefit Refer to MBH Outpatient Mental Health Other Services tal Health Other Services benefit \$10 per visit ion. Cow Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise PCP office visit cost sharing applies.  Covered at 100% |





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| Bariatric Surgery                                | \$100 copay   |
|--|---|
| - ,  | The member cost sharing applies to all covered benefits incurred    |
|  | during a member's inpatient stay.                                   |
| Acupuncture                                      | \$10 per visit  |
| Limited to 20 visits per year                    |   |
| FAMILY PLANNING                                  | IN-NETWORK  |
| Infertility Treatment                            | Your cost sharing amount depends on the type of service and where   |
|  | you receive it.   |
| Diagnosis and treatment of the underlying media  | cal condition only.   |
| Comprehensive Infertility Services               | 100% covered after \$10 copay, 6 cycle maximum per lifetime         |
| Artificial insemination and ovulation induction  |   |
| Advanced Reproductive Technology (ART)           | Not Covered   |
|  | ansfer (ZIFT), gamete intrafallopian transfer (GIFT), cryopreserved |
| embryo transfers, intracytoplasmic sperm injecti | on (ICSI), or ovum microsurgery                                     |
| Vasectomy  | Your cost sharing amount depends on the type of service and where   |
|  | you receive it.   |
| Tubal Ligation                                   | 100% covered  |

### PRESCRIPTION DRUG BENEFITS IN-NETWORK

Pharmacy Plan Type Advanced Control Plan - Aetna

**Preferred Generic Drugs** 

Retail \$15 Copay Mail Order \$30 copay

**Preferred Brand-Name Drugs** 

Retail \$25 copay

Mail Order \$50 copay

Non-Preferred Generic and Brand-Name Drugs

Retail \$40 copay

Mail Order \$80 copay

**Pharmacy Day Supply and Requirements** 

**Retail** Up to a 30-day supply from Aetna National Network

Percentage copays will not be doubled



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Mail Order A 31-90-day supply from CVS Caremark® Mail Service Pharmacy

**Specialty** Up to a 30-day supply

First prescription fill at any retail or specialty pharmacy. Subsequent fills must be

through our preferred specialty pharmacy network. Advanced Control Formulary Aetna Insured List

**Choose Generics** - If the member or the physician requests brand-name when generic is available, the member pays the applicable copay plus the difference between the generic price and the brand-name price.

**Plan Includes:** Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy.

### **GENERAL PROVISIONS**

**Dependents Eligibility** 

Spouse, children from birth to age 26 regardless of student status.

### **Exclusions and Limitations**

Health benefits and health insurance plans are offered and/or underwritten by Aetna Health Inc. Each insurer has sole financial responsibility for its own products.

This material is for information only. Health benefits plans contain exclusions and limitations.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.

You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- · Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Durable medical equipment.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids.
- · Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- · Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.



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- · Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and overthe-counter medications (except as provided in a hospital) and supplies.
- · Radial keratotomy or related procedures.
- · Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- · Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Aetna Rx Home Delivery and Aetna Specialty Pharmacy refer to Aetna Rx Home Delivery, LLC and Aetna Specialty Pharmacy, LLC, respectively. Aetna Rx Home Delivery and Aetna Specialty Pharmacy are licensed pharmacy subsidiaries of Aetna Inc. that operate through mail order. The charges that Aetna negotiates with Aetna Rx Home Delivery and Aetna Specialty Pharmacy may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacies' cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

A medical emergency shall include those services provided to a member in a licensed facility by a provider after the recent onset of a medical condition that manifests itself by symptoms of sufficient severity that the absence of immediate medical attention could reasonably be expected to result in any of the following:

- a. Serious jeopardy to the member's health.
- b. Serious impairment to bodily functions.
- c. Serious dysfunction of any bodily organ or part.

If you require language assistance, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).

Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com.** While this material is believed to be accurate as of the production date, it is subject to change.

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